

ਰਾਮਗੜੀਆ ਗੁਰਦੁਵਾਰਾ, ਕਮਿਊਨਿਟੀ ਕਾਲਜ ਤੇ ਪਰਿਵਾਰਿਕ ਕੇਂਦਰ
ੴ ਸ੍ਰੀ ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫਤਹਿ ॥
RAMGARHIA GURDWARA, COMMUNITY COLLEGE
& FAMILY CENTRE MANAGING COMMITTEE
1103 FOLESHILL ROAD, COVENTRY CV6 6EP
Tel: Office 024-7666 3048

Date: 12th June 2020

Dear Sadh Sangat Ji,

On Monday 15th June 2020, Ramgarhia Sikh Temple, Coventry, will open again to the Sadh Sangat Ji, if the Government maintains its current guidance allowing places of worship to re-open.

The link to the current guidance followed is:

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-useof-places-of-worship-during-the-pandemic>

Please note below our procedure and opening times. We will continually review the procedures to remain in line with Government Covid Advice, which is for the protection and wellbeing of the whole congregation.

- Please follow INSTRUCTIONS of the Sevadar, notices, signs and floor markings.
- You must have your OWN mask and gloves.
- You must have your OWN chunni or ramal to cover your head before you enter.
- A Sevadar will check your Temperature on entry using a contactless thermometer.
- You will need to enter the visitor's log.
- You will be able to WASH AND SANITISE YOUR HANDS in the toilets & sink areas.
- Please observe SOCIAL DISTANCING RULES.
- CHAUR SAHIB SEVA will not be allowed at this present time.
- PARKARMA around the PALKI will not be allowed at this present time.
- MATHA TEK should be of a standing NAMASKAR.

Parsad will be served in bags

Langar will not be served at this present time.

We will not have live kirtan at this present time.

Important!

In line with government Covid 19 policy, we are requesting the following do not attend:

- The Over 65, and
- Clinically Extremely Vulnerable groups

Expert doctors in England have identified specific medical conditions that, based on what we know about the virus so far, place some people at greatest risk of severe illness from coronavirus. Disease severity, history or treatment levels will also affect who is in this group.

Clinically extremely vulnerable people may include:

- Solid organ transplant recipients.
- People with specific cancers:
- People with cancer who are undergoing active chemotherapy
- People with lung cancer who are undergoing radical radiotherapy
- People with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
- People having immunotherapy or other continuing antibody treatments for cancer people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
- People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
- People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary disease (COPD).
- People with rare diseases that significantly increase the risk of infections (such as severe combined immunodeficiency (SCID), homozygous sickle cell).
- People on immunosuppression therapies sufficient to significantly increase risk of infection.
- Women who are pregnant with significant heart disease, congenital or acquired.
- Other people have also been classed as clinically extremely vulnerable, based on clinical judgement and an assessment of their needs. GPs and hospital clinicians have been provided with guidance to support these decisions.

More information about who has been classed as clinically extremely vulnerable is available on the NHS Digital website.

If you're still concerned, you should discuss your concerns with your GP or hospital clinician.

Check this is the right guidance for you.

You are not clinically extremely vulnerable if:

- You do not have any of the conditions that make you clinically extremely vulnerable
- You have not been told by your GP or specialist that you are clinically extremely vulnerable or received a letter.
- If you are not clinically extremely vulnerable you should follow the guidance on staying alert and safe (social distancing).

- If you have symptoms that may be caused by coronavirus (COVID-19) or you live with someone that has symptoms. Household isolation will help to control the spread of the virus to friends, the wider community and the most vulnerable.

We are allowing visits for Darshan of Guru Granth Sahib ONLY, which should last no longer than 15 minutes, from entry to exit of the Gurdwara Sahib. This is to reduce chances of Covid transmission and to allow as many of the Sadh Sangat Ji to have Darshan whilst maintaining social distancing.

We thank the Sadh Sangat ji, for their full cooperation in following the guidelines that we are adhering to set by the Government. We would also like to remind the sadh sangat ji, whilst your humble sevadaars will be doing their utmost to reduce the risk of transmission of Covid, you are entering the Gurdwara Sahib, at your own risk, for which the Gurdawara Sahib's sevadaars accept no liability.

DARSHAN OPENING TIMES

MONDAY TO SATURDAY MORNING: 6AM TO 8AM

MONDAY TO SATURDAY EVENING : 6PM TO 8PM

SUNDAY MORNING 8AM TO 11AM.

FOR FURTHER INFORMATION REGARDING COVID 19 PLEASE CONTACT:

Wellbeing Sevdar R S Bancil 07971141666

STAY SAFE & HEALTHY

YOURS FAITHFULLY

RST MANAGEMENT COMMITTEE

